

1st Grade ELA Study Guide

Video Title: *The AQBS Rule – Ask Questions. Be Skeptical*

From: *Media Masters Rock!*

Focus: Active listening, reading comprehension, emotional literacy, digital awareness, and question formation

LEARNING OBJECTIVES

Students will:

- Listen and respond to an educational video.
- Ask and answer questions about emotions and media content.
- Recognize how emotions affect decisions.
- Practice expressing ideas through writing and drawing.
- Begin to evaluate messages with curiosity and care.

Aligned with: *Alabama Course of Study – 1st Grade ELA*

- **ELA.1.6:** Ask and answer questions about key details in a text read aloud or presented visually.
- **ELA.1.10:** Describe characters, settings, and major events in a story.
- **ELA.1.24:** Participate in collaborative conversations about grade 1 topics and texts.
- **ELA.1.27:** Describe people, places, things, and events with relevant details.
- **ELA.1.30:** Demonstrate understanding of word relationships and nuances in word meanings.

WATCH + LISTEN

Before playing the video, say:

“This video is about a rule that helps us be smart when we see something online that makes us feel a strong feeling. Let’s learn what Media Masters do to stay calm and thoughtful.”

AFTER-VIEWING DISCUSSION PROMPTS

1. “What kind of rule do Media Masters follow?”
(The AQBS Rule – Ask Questions. Be Skeptical.)
2. “What do we mean when we say ‘Ask Questions’?”
(It means to stop and wonder: Is it true? Why do I feel this way?)
3. What kinds of feelings might make us act fast online?”
(Excited, angry, sad, scared.)
4. “Why should we wait before reacting to something that makes us upset?”
(Because our feelings might be strong, and we need time to think first.)
5. What are some smart questions we could ask?”
(Is it true? What’s the proof? Why do I feel this way?)
6. “Is it okay to not comment, like, or respond at all?”
(Yes! It’s always okay to pause and say nothing.)

ELA ACTIVITY IDEAS

1. Think-Feel-Ask Chart

Have students fill out a 3-column chart:

| What I Saw | How It Made Me Feel | What Question I Can Ask |
|--------------------------|---------------------|---------------------------------|
| A dog crying in a video | Sad 😞 | Is this real? Why is it posted? |
| A kid winning a trophy 🏆 | Happy 😊 | What happened before the win? |

2. “AQBS Detective” Drama Game

- Present pretend "online posts" or story cards (e.g., “Someone says aliens are in the school!”).
- Have students act as “Media Master Detectives.”
- Each time, ask:

- “What do you feel?”
- “What question could you ask before you believe or share it?”

3. Poster Project: My Media Master Rule

- Students create a mini-poster showing the AQBS Rule in action.
- Include the phrases:
 - “Ask Questions”
 - “Be Skeptical”
 - A picture of their Media Master thinking before clicking or posting.

KEY VOCABULARY

Introduce these words before or after the video. Use visuals, examples, and gestures to support understanding.

- **Emotion** – a strong feeling (like happy, sad, angry)
- **Question** – something we ask to learn more
- **True** – real or correct
- **False** – not real or incorrect
- **Skeptical** – careful or not sure right away
- **React** – to do something quickly because of a feeling

REMEMBER TO CHANT!

“Feel something strong? Don’t get it wrong. Ask Questions. Be Skeptical!”

Say it together with hand motions! Add claps or a rhythm to help it stick.

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