

ELA STUDY GUIDE

Grade Level: 1st Grade

Video Title: *How Full Is It?*

Media Literacy Focus: Think before you share — is it helpful, hurtful, or truthful?

Essential Question

Why is it important to think before we like, comment, or share something online?

Learning Targets

Students will be able to:

- Identify if an online post is helpful, hurtful, or truthful
- Ask questions to decide what should and shouldn't be shared
- Understand how actions online can affect others
- Use kind words when talking or posting
- Practice safe and respectful online behavior

Vocabulary

- **Helpful** – Something that makes people feel better or teaches something good
- **Hurtful** – Something that is unkind or makes someone feel bad
- **Truthful** – Something that is honest and real
- **Post** – A picture or message someone puts on the internet
- **Media Master** – Someone who uses the internet in smart and kind ways

Whole Group Discussion

Guide conversation using simple questions:

- What does it mean to think first before clicking?
- What are some things you should NEVER share?
- If you see something hurtful online, what should you do?

- Why is telling the truth online important?

Activity Ideas

1. How FULL Is It? Sorting Chart

Make a chart with three columns:

Helpful | Hurtful | Not Truthful

Describe pretend posts aloud. Students decide where they go.

Example:

- A video of a puppy saving a duck → Helpful
- A mean comment about a classmate → Hurtful
- A post saying “The moon is made of cheese!” → Not Truthful

2. Be a Media Master Skit

Students pair up and act out a social media scenario. One student reads a pretend post, the other decides if they should share it or not.

Use prompts like:

- “My friend made a cool art project.”
- “Someone is making fun of another kid.”
- “A post says something that sounds silly or fake.”

3. “THINK Before You Click” Chant

Teach students a simple chant to say before liking, sharing, or commenting:

♪ T-H-I-N-K before you share!

Is it kind? Is it fair?

Is it true and helpful too?

If it is, it's right to do! ♪

Repeat with clapping or snapping for rhythm.

Writing Prompt (Drawing + Sentence)

Prompt:

Draw a picture of something you would share online that is kind and helpful. Write one sentence:

“I would share _____ because it is helpful.”

Extension: The Media Masters Toolbox

Make a bulletin board with student responses to:

“What should a Media Master ALWAYS do before sharing?”
Use speech bubbles and illustrations from the students.

Final Reflection Question

How does asking “How Full Is It?” help us be kind and truthful online?

Alabama Digital Literacy and Computer Science (DLCS) Course of Study Correlation – 1st Grade

Strand: Digital Literacy

- **DLCS.1.1** – Recognize whether online information is kind, hurtful, true, or false.
Students sort and identify posts using “How Full Is It?” thinking.
- **DLCS.1.3** – Understand how choices online affect others.
Students reflect on kindness and empathy before sharing.
- **DLCS.1.6** – Demonstrate respectful behavior while using technology.
The study guide emphasizes thoughtful, kind choices.
- **DLCS.1.7** – Ask questions about online content.
“Is this true? Is it kind?” — Core to this lesson’s approach.

###