

3rd Grade ELA Study Guide

Video Title: *The AQBS Rule – Ask Questions. Be Skeptical*

From: *Media Masters Rock!*

Focus: Evaluating media messages, understanding emotions, forming thoughtful questions, and becoming responsible digital citizens

LEARNING OBJECTIVES

Students will:

- Identify the message and purpose of a digital video.
- Ask and answer questions about feelings and media content.
- Recognize that emotional reactions can influence decisions.
- Reflect on how to pause and think before responding to messages online or offline.
- Practice expressing ideas clearly through speaking and writing.

Aligned with: *Alabama Course of Study – 3rd Grade ELA*

- **ELA.3.8:** Ask and answer questions to demonstrate understanding of a text.
- **ELA.3.11:** Explain how specific parts of a text contribute to the whole.
- **ELA.3.14:** Determine the central message or moral and explain how it is conveyed.
- **ELA.3.26:** Write opinion pieces supporting a point of view with reasons.
- **ELA.3.30:** Engage in collaborative discussions about grade-level topics and texts.

WATCH + LISTEN

Before showing the video, say:

“This video teaches us a smart rule to follow when something online makes us feel big emotions. Watch closely to find out how Media Masters use the AQBS rule to stay calm, thoughtful, and safe.”

AFTER-VIEWING DISCUSSION PROMPTS

Lead a class discussion using these open-ended questions:

1. **What does AQBS stand for, and why is it important?**
(Ask Questions. Be Skeptical. It helps us stop and think before reacting online.)
2. **Why should we ask questions when we feel strong emotions like anger or embarrassment?**
(So we don't do something we'll regret. It helps us understand ourselves better.)
3. **What kinds of questions should we ask about our own feelings?**
(Why am I feeling this way? Do I need to act on this feeling?)
4. **What kinds of questions should we ask about the post itself?**
(Is it true or false? What's the proof? Who posted it and why?)
5. **What can happen if we respond too fast to a post without asking questions?**
(We might spread something untrue or hurt someone. We might even hurt ourselves.)
6. **Is it okay to not say anything at all online? Why?**
(Yes. Sometimes the best choice is to wait or stay silent.)

ELA ACTIVITY OPTIONS

1. Reflection Writing Prompt: "What Would a Media Master Do?"

Write 3–5 sentences responding to this scenario:

"You see a post online that makes you feel really angry. What would a Media Master do next?"

Encourage students to include at least two questions they would ask and explain their reasoning.

2. Media Emotion Sort

Create cards with media-like messages (e.g., "BREAKING: Your school is closing forever!" or "This puppy needs your help!").

Have students sort each message into one of two groups:

- **Strong Emotion – Ask Questions**

- **Not Strong Emotion – No Need to React Quickly**

Discuss as a group why certain messages need more thought before responding.

3. *Design a Media Master Poster*

Students create their own poster to remind others of the AQBS Rule.
The poster should include:

- The phrase “Ask Questions. Be Skeptical.”
- One example of a strong emotion they might feel online
- Two questions they could ask
- A drawing of their version of a Media Master superhero

Display posters in the classroom as reminders.

KEY VOCABULARY

- **Emotion** – a strong feeling like sadness, excitement, anger
- **React** – to respond quickly to something
- **Skeptical** – not sure something is true; careful or cautious
- **Question** – something we ask to learn or understand more
- **Evidence** – proof that something is true or false
- **Valid** – real or important (as in, “Your feelings are valid”)

CLASSROOM MANTRA

“Feel something strong? Don’t get it wrong. Ask Questions. Be Skeptical!”

(Chant it with rhythm, motions, or hand claps — or display it as a class poster.)

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