



Media Masters Rock – Activity Sheet (K–2)

Lesson #1: The Rubber Band Rule — “It Snaps Back!”

Name: _____

Grade: K–2



1. What Is the Rubber Band Rule?

Everything you do online can *snap back* to you — just like a rubber band!
Before you click, post, or share... **Think First!**



2. Circle the Pictures That Are SAFE to Share

(Teacher inserts 4–6 simple pictures: a smiling cartoon, a pet, a favorite book, a home address, a phone number, a sad friend crying)

Students circle:



✓ Safe pictures (pet, book, smile)



✗ Not safe pictures (address, phone number, sad friend)



3. Snap Back or Safe?

Draw a line to match each picture with the right choice.

Picture:



1 A mean comment



2 A funny cat video



3 A picture of your lunch



4 A picture of your house

Choices:



SNAPS BACK



SAFE TO SHARE

(Students draw lines — a simple matching exercise.)



4. “Think First!” Mini-Quiz

Color in the right answer:

1. If a post is **mean**, should you share it?
☐ YES ☐ NO
2. If something online makes you feel upset, what should you do?
☐ Think First ☐ Share fast
3. If you don’t know who can see your post, should you stop and think?
☐ YES ☐ NO



5. Draw the Rubber Band Rule!

Draw yourself as a *Media Master* using the Rubber Band Rule!

(Teacher note: Students draw on the back or on a blank page.)



6. Say the Rule Out Loud!

Teacher Call: “Everything you do online...”

Student Response: “CAN SNAP BACK!”

Repeat with motions:



STOP —



THINK —



CHOOSE



7. Media Master Promise

Color in the heart to show you agree:



I promise to THINK FIRST before I like, share, or post.

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