



Media Masters Rock – Lesson 1 Quiz

The Rubber Band Rule: It Snaps Back!

Grade Level: 3rd Grade

Name: _____

Date: _____

1. Multiple Choice

What does the Rubber Band Rule mean?

- A. Social media is only for grown-ups
- B. Things you post online can come back to you later
- C. You should post as fast as possible
- D. Only funny posts stay online

Answer: _____

2. Multiple Choice

Which of these is a *safe* online choice?

- A. Posting a picture of a friend without asking
- B. Sharing a rumor because everyone else is doing it
- C. Thinking first before liking, commenting, or sharing
- D. Sending a mean message as a joke

Answer: _____

3. True or False

Write **T** for True or **F** for False.

___ 1. Things you delete online can still be saved or found.

___ 2. A kind post can also “snap back” in a good way.

- ___ 3. Your posts can only be seen by your closest friends.
___ 4. Media Masters take responsibility for what they post.

4. Short Answer

Why is it important to think before you post something online?

(Write one or two sentences.)

5. Sorting Activity

Circle the actions that could SNAP BACK on you.

(Snap-Back = NOT a good choice)

- Posting something kind to cheer someone up
- Sharing a mean comment
- Posting a picture without permission
- Thinking before you share
- Spreading something that might not be true
- Encouraging a friend online

6. Scenario Question

Your friend sends you a message saying:

“Let’s post this embarrassing picture of someone so we get more likes!”

What is the Media Master Move?

- A. Post it fast so more people see it
- B. Think first and do NOT post it
- C. Share it only with a few friends
- D. Comment something mean instead

Answer: _____

7. Writing Prompt (1–2 Sentences)

Write about ONE example of something someone could post that might snap back someday.

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