



Media Masters Rock – Lesson 1 Quiz

Grade 5 – The Rubber Band Rule (It Snaps Back!)

Name: _____

Date: _____

1. Multiple Choice

What is the main idea of the Rubber Band Rule?

- A. The internet is only for older kids.
- B. Everything you post online can return to you later.
- C. Posts disappear forever after you delete them.
- D. You should only post funny things.

2. Multiple Choice

Which action best follows the Rubber Band Rule?

- A. Posting the first thought that pops into your head.
- B. Sharing a rumor because your friends already did.
- C. Thinking about the consequences before posting.
- D. Commenting quickly so you don't "miss out."

3. True or False

Write **T** for true and **F** for false.

- 1. ____ Your future teachers or employers may see things you posted online.
- 2. ____ Anything you delete online is instantly gone forever.
- 3. ____ Posting something kind can "snap back" in a good way.
- 4. ____ Media Masters think before they like, comment, or share.

4. Fill in the Blank

Use these words: *responsible, internet, snap back, think first*

1. Media Masters always _____ before they act online.
2. The _____ is huge, and posts can spread far and wide.
3. Anything you post may _____ later.
4. Being _____ online means choosing words that won't hurt others.

5. Matching – “What Might Snap Back?”

Match the situation to the likely consequence.

- A. Posting a mean comment about a classmate
- B. Sharing a helpful tip for studying
- C. Posting a silly video without thinking
- D. Sharing a picture of someone without permission

1. ____ Could embarrass someone and damage trust
2. ____ Helps others and creates positive reputation
3. ____ Might become something you regret later
4. ____ Could spread quickly and hurt someone's feelings

6. Short Answer

Why is it important to “think first” before posting anything online?
(2–3 sentences)

7. Scenario Question

**You are about to repost a funny joke that makes fun of someone in your school.
What should you do?**

- A. Post it because everyone else already did.
- B. Think first and decide not to spread something hurtful.
- C. Change the joke and post it anyway.
- D. Post it but delete it later.