

Lesson 1: The Rubber Band Rule

1. Multiple Choice

Correct Answer: A

The internet remembers everything you post, even if you delete it.

2. Multiple Choice

Correct Answer: C

Posting a cruel joke about a classmate.

3. True or False

- 1. T Anyone can see your posts, even beyond your circle.
- **2.** \mathbf{F} Deleted posts may still exist or be screenshotted.
- 3. T Positive posts can come back in a good way.
- **4.** T Media Masters think before they interact.

4. Short Answer (Accept any reasonable version of the following)

Good answers should mention:

- Posts can stay online permanently
- Actions online have consequences
- Thinking first prevents harm
- Protects your reputation and friendships

Example:

"It's important to think first so you don't post anything that could hurt someone or

cause problems later. What we post can stay online forever and can be seen by many people."

5. Matching – What Might Happen?

- A. Posting a rumor \rightarrow 3 (Could spread misinformation and hurt your reputation)
- B. Sharing a mean video → 4 (Could embarrass or hurt someone)
- C. Study tip \rightarrow **1** (Builds trust and helps others)
- D. Rude comment → 2 (May cause conflict or damage friendships)

Correct set:

A-3

B-4

C-1

D-2

6. Scenario Question

Correct Answer: C

Ask your friend first, then decide.

7. Extended Response

Accept any TWO of these ideas:

- It could hurt someone's feelings.
- It could damage their friendships.
- Teachers or adults may become involved.
- It could harm their reputation online or in school.
- People may trust them less in the future.
- The school may issue consequences for bullying.

Example:

"Posting something mean can hurt someone's feelings and damage friendships. It can also make other people think you're unkind, and adults may get involved if it's considered bullying."

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