



Teacher Answer Key — Grade 7 Quiz

Lesson 1: The Rubber Band Rule

1. Multiple Choice

Correct Answer: B

Everything you share online can return to you, even years later.

2. Multiple Choice

Correct Answer: C

Thinking through the consequences before posting.

3. True or False

1. **T** — Deleted/private posts can resurface.
2. **F** — Anyone can potentially see what you post.
3. **T** — Positive posts can lead to positive outcomes.
4. **T** — Media Masters think before interacting.

4. Short Answer (Accept any reasonable variations)

A strong answer should include:

- Online posts are permanent or long-lasting
- Actions online can affect reputation, friendships, and opportunities
- Thinking first prevents harm

Example:

“The Rubber Band Rule matters because anything we post online can come back to us later. It can affect friendships, reputation, and even future opportunities. Thinking first helps us avoid hurting others or ourselves.”

5. Matching – What Might Snap Back?

- A. Posting private screenshots → **3** (Breaks trust and damages friendships)
- B. Sharing mean joke → **1** (Could hurt someone or cause bullying issues)
- C. Helping classmates → **2** (Builds trust and helps others succeed)
- D. Posting a rumor → **4** (Spreads misinformation and harms reputation)

Correct set:

A–3

B–1

C–2

D–4

6. Scenario Question

Correct Answer: B

Take a minute, calm down, and think before posting.

7. Extended Response

Accept any TWO of these:

- Could hurt friendships or relationships
- Might be seen by teachers, coaches, employers later
- Could be considered bullying
- Could damage your reputation
- Might lead to school consequences
- Could be screenshot and shared widely
- Could make people trust you less

Example:

“A hurtful post can snap back by damaging friendships or making people trust you less. It could also be seen by teachers or future employers, hurting opportunities later in life.”

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