

Media Masters Rock – Activity Sheet (Grades 3–6)

Lesson #2: AQBS Rule — Ask Questions. Be Skeptical.

Name: _____

Grade: 3–6

1. What Does AQBS Mean?

The **AQBS Rule** reminds us to slow down before reacting online:

A – Ask

Q – Questions

B – Be

S – Skeptical

Media Masters **don't assume** a post is real.

They ask smart questions like:

- “Is this true?”
- “Who posted it?”
- “What’s the evidence?”
- “Is someone trying to make me feel a strong emotion?”

2. Real, Fake, or Needs Checking?

Read each scenario and write **REAL**, **FAKE**, or **NEEDS CHECKING**.

1. A post claims: “Scientists discovered pizza trees in Alabama!”
2. Your school’s official account posts tomorrow’s lunch menu.

3. A mysterious account says your friend said something mean.
4. A video shows a hamster flying like a superhero.
5. A student posts that school is canceled, but no adult has said so.

3. AQBS Mini-Questions

For each scenario, write **ONE question** a Media Master should ask.

A post makes you feel angry:

A shocking video pops up:

Someone says “Everyone is saying this!”

4. Emotional Checkpoint

Circle the emotions that should make you **slow down and ask questions**:

 Happy  Angry  Sad  Surprised  Confident

Circle all that apply.

Media Master Tip:

Strong emotions = Stop and question it.

5. Source Check Challenge

Match each source to the level of trust:

Sources:

- A. Random account you don’t know
- B. School website

- C. Known news organization
- D. Friend of a friend

Trust Levels:

1. Most Trust
2. Some Trust
3. Low Trust
4. Very Low Trust

Write the matches:

A → ____ B → ____ C → ____ D → ____



6. Rewrite the Reaction!

Rewrite the quick, emotional reaction into a smart **Media Master response**.

Original: “WHAT?! This is crazy! Sharing now!!!”

Media Master Rewrite:

Original: “Everyone says this is true so it must be.”

Media Master Rewrite:



7. Design an AQBS Reminder

On a separate sheet of paper, design a small poster or icon that reminds people to:
Ask Questions. Be Skeptical.

Include:

- A question mark
- A thinking symbol
- Emotional warning sign



8. Call & Response

Teacher: “When something online feels surprising or emotional...”

Students: “ASK QUESTIONS!”

Teacher: “And what do Media Masters always do?”

Students: “BE SKEPTICAL!”

9. Media Master Promise

Check all that you commit to:

- ☐ I will not believe posts without checking.
- ☐ I will ask questions before reacting.
- ☐ I will notice when a post tries to control my emotions.
- ☐ I will be a Media Master who THINKS FIRST.