

****Correlation of “Lesson 3 – Who’s Getting the Candy?” COS: PHYSICAL EDUCATION**

to the Alabama Course of Study: Physical Education (K–8)**

This lesson teaches students to analyze **motive**—why someone posted something and who benefits from it (“candy” = money, fame, popularity, attention).

It reinforces Alabama PE standards in:

- **Responsible decision-making**
- **Self-control and emotional regulation**
- **Social interaction and respect**
- **Understanding consequences**
- **Avoiding peer pressure**
- **Cooperative behavior**

Because PE is fundamentally about **how we treat others, how we behave under pressure, and how our choices affect the group**, this lesson strengthens several key PE outcomes.

PRIMARY GRADES (K–5)

1. PE Strand: Personal & Social Responsibility

Kindergarten

- **PE.K.4 – Demonstrate respect for self and others.**
Kids learn that posts meant to hurt, shame, or show off popularity are harmful — just like hurtful actions in games or play.

Grade 1

- **PE.1.5 – Demonstrate safe and responsible behavior during physical activity.**

Asking “Who’s getting the candy?” mirrors PE expectations:

- Think why someone is acting a certain way
- Recognize attention-seeking behavior
- Choose safe and kind actions

Grade 2

- **PE.2.3 – Demonstrate self-control in physical activity settings.**

Students learn:

- Not to react based on popularity pressure
- To avoid copying harmful behaviors
- To examine motives before acting

Grade 3

- **PE.3.4 – Demonstrate responsible decision-making in physical activities.**

Understanding motive helps students avoid bad decisions influenced by:

- Peer pressure
 - Popularity
 - Wanting attention
- These are the same pressures seen in team games, recess, and sportsmanship moments.

Grade 4

- **PE.4.3 – Demonstrate appropriate responses to feedback and conflict.**

The lesson builds skills to:

- Recognize manipulation
- Understand why others behave a certain way
- Avoid reacting emotionally to others’ actions

Grade 5

- **PE.5.4 – Demonstrate appropriate behavior and safe participation during physical activity.**

Students learn to:

- Act based on good intention, not attention
- Avoid hurtful behavior seeking popularity
- Make choices that support team safety and cooperation

2. PE Strand: Social Interaction & Cooperation

Grades K–5 Universal Standard

“Work cooperatively with others in physical activity settings.”

“Who’s getting the candy?” teaches students to evaluate:

- Why people behave the way they do
- Whether a behavior is meant to help or harm
- Whether someone is seeking attention or popularity

This deepens understanding of:

- Sportsmanship
- Respectful interactions
- Group dynamics
- Choosing kindness
- Supporting teammates

3. PE Strand: Safety & Awareness

Grades K–5

Students must learn:

- Safe choices
- Respectful communication
- Avoiding risky or harmful behaviors
- Understanding consequences

The lesson reinforces:

- That harmful actions (online or physical) are often motivated by attention-seeking
- That students don't have to "go with the crowd"
- That kindness is a safe, responsible choice

This mirrors PE safety expectations during games, equipment use, and movement.

MIDDLE GRADES (6–8)

1. PE Strand: Personal & Social Behavior in Physical Activity Settings

Grade 6

- **PE.6.4 – Model responsible personal and social behavior.**
Students learn to recognize motives behind behavior and choose actions that promote respect and safety, both online and in PE activities.

Grade 7

- **PE.7.4 – Resolve conflicts using effective strategies.**
Understanding *why* someone behaved a certain way ("their candy") helps students:
 - Avoid conflict escalation
 - Respond with empathy
 - Stay calm under pressure

Grade 8

- **PE.8.4 – Demonstrate respect for self and others in physical activities.**
Students evaluate intentions behind words and actions — an essential skill for respectful teamwork and reducing conflict in PE.

2. PE Strand: Decision-Making & Strategy

Grades 6–8

Students must make responsible, strategic choices during gameplay and group challenges.

“Who’s Getting the Candy?” strengthens:

- Understanding *motivation behind action*
- Recognizing peer pressure
- Identifying attention-seeking behavior
- Choosing kind, safe, and positive actions
- Thinking before reacting to others’ behavior

These skills transfer directly to PE scenarios such as:

- Competitive games
- Partner exercises
- Team conflict
- Group decisions

3. PE Strand: Safety, Risk Assessment & Consequences

Grades 6–8

Students must:

- Predict consequences
- Avoid harmful actions

- Make choices that protect themselves and others

This lesson reinforces:

- Why harmful actions (online or physical) are not worth short-term “candy”
- The consequences of harmful attention-seeking
- How seeking popularity can lead to poor decisions
- That being helpful and truthful creates safer spaces

Specific Script Connections to PE COS

“Candy is money, fame, or popularity.”

→ Helps students identify attention-seeking behaviors, similar to how PE students sometimes seek peer approval through unsafe or unkind actions.

“Every post benefits someone.”

→ Mirrors PE teaching that every action in a game affects others (team dynamics, safety, fairness).

“Your candy might be popularity... or the good feeling from helping others.”

→ Reinforces sportsmanship and teamwork values in PE.

“Making someone feel bad to make yourself feel big isn’t right.”

→ Direct match to PE standards on respect and conflict prevention.

“Lots of likes don’t make it right.”

→ Aligns with PE’s emphasis on avoiding peer pressure and choosing safe, fair actions.

“Figure out WHY someone posted.”

→ Supports understanding motives in physical behavior — important for resolving disagreements in sports and play.

Conclusion

Lesson 3 — **Who's Getting the Candy?** — supports Alabama PE standards by strengthening students' ability to:

- Understand motives behind actions
- Resist peer pressure
- Respond with empathy
- Make responsible choices
- Avoid harmful or attention-seeking behavior
- Promote teamwork, fairness, and safety
- Treat others with respect

These are the *same behaviors* PE teachers must cultivate daily in their gyms and on their fields.

This makes PE teachers **ideal champions** for Media Masters Rock — helping students become responsible, thoughtful citizens both online and offline.

###