



Lesson 4 – HOW FULL IS IT?

Grade 1 – QUIZ

Name: _____

Date: _____

1. Multiple Choice

What does “How FULL is it?” help us decide?

- A. What snack to eat
- B. Whether a post is helpful, hurtful, or truthful
- C. What game to play

2. True or False

Helpful posts are good to share.

- True
- False

3. Circle the HURTFUL Post

Circle the one that is **hurtful**:

- A. “Great job on your project!”
- B. “Let’s make fun of him!”
- C. “Here’s a tip to help you read better!”

4. Match the Post to the Category

Draw a line to match:

- A. “Here’s a real science fact!” → Truthful
- B. “Let’s ignore the new student.” → Hurtful
- C. “Here’s a trick to help with homework.” → Helpful

5. Choose the Best Media Master Move

If a post is **not truthful**, what should you do?

- A. Share it right away
- B. Don't repost it
- C. Laugh and ignore it

6. Fill in the Blank

Media Masters always ask:

“How _____ is it?”

(Helpful, Hurtful, or Truthful)

7. Yes or No

Should you repost something that is mean?

- Yes
- No