

# Music Movement Activity #4: TRUE • TRICKY • NEEDS CHECKING!

**Music:** *Green Lightning* by Steve Trash (Instrumental track — free download for educators) (or any upbeat instrumental)

Download the mp3 for **FREE** at [mediamastersrock.com/music-movement-activities](http://mediamastersrock.com/music-movement-activities)

## Big Idea

Not everything online is instantly true — some things are tricky, and some things need checking first.

This high-energy chant and movement activity helps students build the habit of **pausing and thinking before they like, comment, or share.**

## What Students Learn

Students practice three simple thinking steps:

- **TRUE** — Looks accurate and verified (thumbs up)
- **TRICKY** — Might be misleading or incomplete (wiggly “maybe” hands)
- **NEEDS CHECKING** — Time to pause and investigate (Hand over eyes like searching)

The chant creates a fast mental reminder students can use anytime they see something online.

## What You Need

- Any upbeat music  
(*Green Lightning works great*)
- Space for students to move in place  
(*standing, seated, or on the floor*)

## How It Works

### Teach the Three Gestures

Practice each movement once:

- **TRUE** → Thumbs up
- **TRICKY** → Wiggly “maybe” hands
- **NEEDS CHECKING** → Hand over eyes like searching

Then practice the full chant together:

**“TRUE! TRICKY! NEEDS CHECKING!”**

### Game Play

1. Start the music.
2. Read a short prompt, such as:
  - “Before you like a post...”
  - “When a headline makes you feel shocked...”
  - “When something seems too good to be true...”

*More call-out prompts for K–2, Grades 3–5, and Grades 6–8 appear at the end of these instructions.*

3. Students respond loudly while performing the gestures:

**“TRUE! TRICKY! NEEDS CHECKING!”**

(Thumbs up → wiggly hands → search gesture)

4. Continue reading prompts while students respond with the chant and movements.

### Remix Ideas

- Let students take turns calling the prompts
- Speed up the chant as the activity progresses
- Do a silent round — gestures only
- Use real-world example headlines for older students

## Why This Works

- **Call-and-response builds engagement**  
Every student participates instantly.
- **Movement creates memory**  
The gestures anchor the thinking habit.
- **Simple language kids remember**  
Easy enough for K–2, meaningful for middle school.
- **Perfect assembly energy**  
Loud, fun, and visually powerful.

## How You End It

Raise your hand and say:

“Before you like, comment, or share...”

Students respond loudly with gestures:

**“TRUE! TRICKY! NEEDS CHECKING!”**

## Perfect For

- Library lessons
- Media literacy units
- Assemblies
- Digital citizenship weeks
- Morning meetings

## Free Music Download

This activity includes free access to the instrumental track **Green Lightning** by Steve Trash

Download the mp3 for **FREE** at [mediamastersrock.com/music-movement-activities](http://mediamastersrock.com/music-movement-activities)

*(Steve Trash owns the music copyright — educators are free to use it with this lesson.)*

# TRUE • TRICKY • NEEDS CHECKING

## K–2 Call-Out Prompts (Simple Language)

1. “Before you click a video...”
2. “When something online looks super silly...”
3. “Before you share a picture...”
4. “When a message says ‘Click now!’...”
5. “When something sounds too amazing...”
6. “Before you send something to a friend...”
7. “When a picture looks strange...”
8. “Before you believe something online...”
9. “When someone says something surprising...”
10. “Before you tap the share button...”
11. “When something makes you say ‘WOW!’...”
12. “Before you tell others something you saw online...”
13. “When a story sounds funny or odd...”
14. “Before you repeat something you heard online...”
15. “When a video looks confusing...”

16. “Before you click a game link...”
17. “When someone says something unbelievable...”
18. “Before you press ‘send’...”
19. “When something makes you feel unsure...”
20. “Anytime you are not sure it is true...”

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### **Grades 3–5 Call-Out Prompts**

1. “Before you repost something...”
2. “When a headline makes you feel shocked...”
3. “Before you believe a rumor online...”
4. “When someone says, ‘This is 100% true!’...”
5. “Before you send something to your group chat...”
6. “When a video claims something unbelievable...”
7. “When a post tries to scare people...”
8. “Before you like something everyone else liked...”
9. “When a picture might be edited...”
10. “When someone promises free prizes online...”
11. “Before you share something quickly...”
12. “When a post leaves out important details...”
13. “Before you repeat something you saw online...”
14. “When a message tells you to ‘share right now!’...”
15. “When a story sounds too good to be true...”
16. “Before you comment when you feel upset...”

17. “When you don’t know who created the post...”
18. “Before you believe something surprising...”
19. “When a website looks confusing...”
20. “Anytime you are unsure if information is correct...”

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### **Grades 6–8 Call-Out Prompts**

1. “Before you repost breaking news...”
2. “When a post makes you feel angry or excited...”
3. “Before you share a screenshot...”
4. “When a statistic is shown without a source...”
5. “Before you forward a viral message...”
6. “When a photo might be edited or taken out of context...”
7. “Before you comment during an argument online...”
8. “When someone claims something ‘everyone knows’ ...”
9. “Before you believe something trending online...”
10. “When a post uses dramatic or emotional language...”
11. “Before you share something from an unfamiliar website...”
12. “When a video cuts off important context...”
13. “Before you react quickly to a shocking claim...”
14. “When someone says ‘This was just posted today!’ ...”
15. “Before you spread information you haven’t verified...”
16. “When a message pressures you to ‘share immediately’ ...”
17. “Before you trust a quote with no source...”

18. “When a story seems designed to make people mad...”
19. “Before you join in on a viral rumor...”
20. “Anytime information seems uncertain or incomplete...”

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